



NUTRITION INFORMATION

THERAPEUTIC / RENAL MENU

Oven Fried Chicken, White Rice, Diced Carrots, Diced Pears, Cranberry Juice

676 Calories, 27.2 g Protein, 39.2 g Fat, 4.8 g Fiber, 89.5 mg Calcium, 855 mg Sodium, 53.6 g Carbohydrates

Italian Beef and Pasta, Green Beans, Broccoli w/ Red Pepper, Gelatin Cup, Apple Juice

413 Calories, 24.2 g Protein, 16.4 g Fat, 7.8 g Fiber, 125.7 mg Calcium, 488 mg Sodium, 43.2 g Carbohydrates

Meatloaf with Gravy, Key West Blend Vegetables, White Rice, Dinner Roll, Diced Peaches, Grape Juice

486 Calories, 21.6 g Protein, 16.7 g Fat, 6.1 g Fiber, 109.2 mg Calcium, 352 mg Sodium, 63 g Carbohydrates

Potato Crunch Pollock, Corn, Diced Carrots, Dinner Roll, Mixed Fruit, Cranberry Juice

414 Calories, 14.5 g Protein, 13 g Fat, 5.9 g Fiber, 60.9 mg Calcium, 577 mg Sodium, 62.3 g Carbohydrates

Grilled Chicken Fillet, Mixed Vegetables, Sliced Apples, Dinner Roll, Grape Juice

391 Calories, 20.4 g Protein, 7 g Fat, 7 g Fiber, 52.8 mg Calcium, 543 mg Sodium, 62.5 g Carbohydrates

Cubed Steak with Mushroom Gravy, White Rice, Cooked Cabbage, Diced Peaches, Apple Juice

509 Calories, 21.3 g Protein, 15.7 g Fat, 5.2 g Fiber, 204.8 mg Calcium, 665 mg Sodium, 68.4 g Carbohydrates

Sliced Turkey Breast with Gravy, Cut Corn, Cauliflower, Dinner Roll, Mixed Fruit, Cranberry Juice

332 Calories, 15.7 g Protein, 4.4 g Fat, 4.1 g Fiber, 71.2 mg Calcium, 495 mg Sodium, 58.6 g Carbohydrates

Beef Pot Roast with Gravy, Mashed Potatoes, Diced Carrots, Mixed Fruit, Dinner Roll, Grape Juice

554 Calories, 23.6 g Protein, 14.6 g Fat, 6.4 g Fiber, 155.7 mg Calcium, 469 mg Sodium, 80.8 g Carbohydrates

Chicken Roma with Pasta, Italian Blend Vegetables, Dinner Roll, Applesauce, Cranberry Juice

502 Calories, 34 g Protein, 8.8 g Fat, 5.7 g Fiber, 122.4 mg Calcium, 700 mg Sodium, 69.6 g Carbohydrates

Charbroiled Beef Patty, Green Beans, Hamburger Bun, Diced Pears, Apple Juice

567 Calories, 22.6 g Protein, 20.9 g Fat, 6.2 g Fiber, 221 mg Calcium, 576 mg Sodium, 69.8 g Carbohydrates