

Name: \_\_\_\_\_

Date: \_\_\_\_\_



Chef for Hire Choice Menu

Menu Code	Name & Description	Count
BREAKFAST		
3002	Turkey Bacon with Scrambled Eggs, Applesauce, Roasted Potatoes, Wheat Bread, Jelly & Margarine, Milk	
3003	Pancakes with Scrambled Eggs, Roasted Potatoes, Orange Juice, Syrup & Margarine, Milk	
3004	Cheese Omelet with Salsa, Potatoes, Peaches, Cereal, Milk	
3005	Breakfast Bagel with Egg, Sausage, Swiss Cheese, Applesauce, Potatoes, Milk	
3006	Biscuits with Sausage Gravy, Milk	
3007	Cheesy Grits with Scrambled Eggs, Veggies, Country Apples, Milk	
3008	Breakfast English Muffin w/Egg, Sausage, and American Cheese, Applesauce, Oatmeal, Milk	
6013	Scrambled Eggs with Pork Sausage, Roasted Potatoes, Spiced Peaches, Shredded Wheat, Milk	
VEGETARIAN		
5001	Penne Pasta with Plant-Based Sausage, Marinara, Broccoli, Carrots, Mandarin Oranges, Milk	
5004	Spaghetti with Vegetarian Meat Balls, Broccoli, Carrots, Applesauce, Milk	
5005	Vegetarian Burger, Wheat Bun, Scalloped Potatoes, Festive Green Beans, Pineapple Bits, Milk	
5006	Vegetable Lasagna, Carrots, Lima Beans, Mangos, Milk	
5007	Plant-Based Chicken & Broccoli Casserole, Capri Vegetables, Wheat Bread, Peaches, Milk	
5008	Vegetable Chili, Turnip Greens, Roasted Sweet Potatoes, Cornbread, Strawberry Applesauce, Milk	
5010	Stir Fry with Plant-Based Strips, Brown Rice, Pears, Milk	
DINNER		
2003	Sloppy Joe w/Wheat Bun, Roasted Sweet Potatoes, Brussel Sprouts w/Onions, and Pineapple Bits	
2004	Teriyaki Chicken and Noodles, Stir Fry Vegetables, and Mandarin Oranges	
2011	Smoked Pork Sausage w/Peppers & Onions, Peas, Roasted Potatoes, Wheat Roll, & Strawberry Applesauce	
2016	Grilled Hamburger w/Wheat Bun, Festive Green Beans, Mac & Cheese, & Pears	
2028	Cheesy Smothered Steak, White Rice Pilaf, Peas, Wheat Bread, & Mandarin Oranges	
2034	Country Fried Steak w/Gravy, Spinach, Baked Potatoes, and Tropical Fruit	
2036	Burrito Bowl w/Shredded Chicken, Fajita Vegetables, Black Beans, Cilantro Lime Rice, & Mangos	
2043	Chicken Marsala, Roasted Potatoes, Broccoli w/Red Peppers, & Mixed Fruit	

PLEASE NOTE THAT ITEMS MAY GO OUT OF STOCK WITHOUT NOTICE  
Items may be substituted at our discretion. Your cooperation and understanding are greatly appreciated.

Chef for Hire Choice Menu

Menu Code	Name & Description	Count
DINNER CONTINUED		
2056	Ginger BBQ, w/Whipped Sweet Potatoes, Collard Greens, Wheat Bread, and Pears	
4001	Oven Fried Chicken, with White Rice, Carrots, Pears, Milk	
4009	Chicken Roma with Pasta, Italian Vegetables, Applesauce, Dinner Roll, Cranberry Juice	
6001	Beef Pot Roast with Gravy, Mashed Potatoes, California Vegetables, Mixed Fruit, Sunflower Seeds, Milk	
6002	Chicken Cacciatore, Mashed Potatoes, Broccoli, Wheat Bread, Peaches, Milk	
6004	Cubed Steak with Mushroom Gravy, Mixed Vegetables, Collard Greens, Applesauce, Wheat Roll, Milk	
6006	Turkey Breast with Gravy, Roasted Sweet Potatoes, Green Beans, Orange Juice, Milk	
6007	Beef & Cabbage Stew, Carrots, Sliced Apples, Wheat Crackers, Peanut Butter, Milk	
6008	Italian Beef Pasta, Broccoli with Red Peppers, Green Beans, Applesauce, Milk	
6009	Herb Marinated Chicken, Mashed Potatoes, Asparagus, Wheat Bread, Peaches, Sunflower Seeds, Milk	
6010	Smothered Chicken with Gravy, Rice Pilaf, Collard Greens, Mandarin Oranges, Milk	
6011	Lemon Pepper Chicken, Broccoli, Mashed Potatoes, Pineapple Bits, Orange Juice, Milk	
6014	Indiana Style Chili Mac, Green Beans, Carrots, and Cheese Stick, Milk	
6016	Swedish Meatballs, Broccoli, Carrots, Brown Rice, Orange Juice, Milk	
6017	Chicken Parmesan, California Vegetables, Roast Potatoes, Peaches, Milk	
6018	Potato Pollock, Broccoli, Carrots, Pineapple Bits, Milk	
6019	Meatloaf with Gravy, Mashed Potatoes, Brussel Sprouts, Mandarin Oranges, Milk	
6020	Chicken & Noodles, Broccoli, Applesauce, Wheat Roll, Cheese Stick, Milk	
7004	Jamaican Pork Roast, Key West Vegetables, Mashed Potatoes, Wheat Bread, Pears, Orange Juice, Milk	
7007	Chicken & White Bean Chili, Broccoli, Corn, Cornbread, Applesauce, Milk	
7009	Chicken & Broccoli Casserole, Capri Vegetables, Wheat Bread, Mandarin Oranges, Milk	
7011	Southwest Pasta with Turkey, Corn, Peas, Pineapple Bits, Milk	
7013	Spaghetti and Meatballs, California Vegetables, Green Beans, Peaches, Milk	
7016	Country Turkey Ham & Beans, Collard Greens, Carrots, Wheat Crackers, Mixed Fruit, Milk	
7020	Herb Crusted Cape Hake, Roasted Potatoes, Broccoli, Wheat Bread, Tropical Fruit, Milk	

Please note:

To maintain a balanced nutritional profile, there is a **maximum of 3 items** per selection.  
Any discrepancies must be reported within one day of your delivery.

If you are happy with your previous order, you do not need to submit a new order, we will repeat your previous order. If you would like to change your order, please do not hesitate to call our office staff at **317-637-0845** or email; [mealchoice@chefforhire.com](mailto:mealchoice@chefforhire.com)

Orders are finalized by **4:00 PM one week prior to delivery**, please ensure any changes are submitted by this time.  
(e.g. For a Monday delivery, changes must be submitted by the previous Monday)

Thank you for ordering from Chef For Hire HDM Meals!