

Name: _____

Date: _____



Chef For Hire Choice Menu

Code	Name & Description	Allergens	Count
BREAKFAST			
3002	Turkey Bacon with Scrambled Eggs , Applesauce, Roasted Potatoes, Wheat Bread, Jelly & Margarine, Milk		
3003	Pancakes with Scrambled Eggs , Roasted Potatoes, Orange Juice, Syrup, Margarine, Milk		
3004	Cheese Omelet, with Salsa , Potatoes, Peaches, Cereal, Milk		
3005	Breakfast Bagel with Egg , Sausage, Swiss Cheese, Applesauce, Potatoes, Milk		
3006	Biscuits with Sausage Gravy , Milk		
3007	Cheesy Grits with Scrambled Eggs , Veggies, and Country Apples, Milk		
3008	Breakfast English Muffin with Egg , Sausage, and American Cheese, Applesauce and Oatmeal, Milk		
6013	Scrambled Eggs with Pork Sausage , Roasted Potatoes, Spiced Peaches, and Shredded Wheat, Milk		
VEGETARIAN			
5004	Spaghetti with Vegetarian Meat Balls , Broccoli, Carrots, Applesauce, and Parmesan Cheese, Milk		
5006	Vegetable Lasagna , Carrots, Lima Beans, Mangos, Milk		
5007	Plant-Based Chicken and Broccoli Casserole , Capri Vegetables, Wheat Bread, and Peaches, Milk		
5008	Vegetable Chili , Turnip Greens, Roasted Sweet Potatoes, Cornbread, and Strawberry Applesauce, Milk		
5010	Stir Fry with Plant-Based Strips , Brown Rice, and Pears, Milk		
DINNER			
2003	Sloppy Joe with wheat Bun , Roasted Sweet Potatoes, Brussel Sprouts with Onions, and Pineapple Bits		
2004	Teriyaki Chicken and Noodles , Stir Fry Vegetables, and Mandarin Oranges		
2011	Smoked Pork Sausage with Peppers and Onions , Peas, Roasted Potatoes, Wheat Roll, and Strawberry Applesauce		
2016	Grilled Hamburger with Wheat Bun , Festive Green Beans, Mac and Cheese, and Pears		
2028	Cheesy Smothered Steak , White Rice Pilaf, Peas, Wheat Bread, and Mandarin Oranges		
2034	Country Fried Steak with Gravy , Spinach, Baked Potatoes, Tropical Fruit, and Butter		
2036	Burrito Bowl with Shredded Chicken , Fajita Vegetables, Black Beans, Cilantro Lime Rice, and Mangos		
2043	Chicken Marsala , Roasted Potatoes, Broccoli with Red Peppers, and Mixed Fruit		
2056	Ginger BBQ Chicken with whipped Sweet Potatoes, Collard Greens, Wheat Bread, and Pears		
2058	Orange Chicken , White Rice Pilaf, Broccoli, and Tropical Fruit		
2062	Gnocchi Carbonara with Peas , Green Beans, and Diced Pineapple		
4001	Oven Fried Chicken with White Rice, Carrots, Pears, Milk		
4009	Chicken Roma with Pasta , Italian Vegetables, Applesauce, Dinner Roll, and Cranberry Juice		
6001	Beef Pot Roast with Gravy , Mashed Potatoes, California Vegetables, Mixed Fruit, and Sunflower Seeds, Milk		
6002	Chicken Cacciatore , Mashed Potatoes, Broccoli, Wheat Bread, Peaches, Milk		
6004	Cubed Steak with Mushroom Gravy , Mixed Vegetables, Collard Greens, Applesauce, Wheat Roll, Milk		
6006	Turkey Breast with Gravy , Roasted Sweet Potatoes, Green Beans, Orange Juice, Milk		
6007	Beef and Cabbage Stew , Carrots, Sliced Apples, Wheat Crackers, Peanut Butter, Milk		
6008	Italian Beef Pasta , Broccoli w/Red Peppers, Green Beans, Applesauce, Milk		
6009	Herb Marinated Chicken , Mashed Potatoes, Asparagus, Wheat Bread, Peaches, and Sunflower Seeds		
6010	Smothered Chicken with Gravy , Rice Pilaf, Collard Greens, and Mandarin Oranges		
6011	Lemon Pepper Chicken , Broccoli, Mashed Potatoes, Sunflower Seeds, and Pineapple Bits		
6014	Indiana Style Chili Mac , Green Beans, Carrots, Cheese Stick, and Milk		
6016	Swedish Meatballs , Broccoli, Carrots, Brown Rice, Orange Juice, and Milk		
6017	Chicken Parmesan , California Vegetables, Roast Potatoes, Peaches, Milk		
6018	Potato Pollock , Broccoli, Carrots, Pineapple Bits, and Tartar Sauce		
6019	Meatloaf with Gravy , Mashed Potatoes, Brussel Sprouts, and Mandarin Oranges		
6020	Chicken & Noodles , Broccoli, Applesauce, Wheat Roll, and Cheese Stick		
7004	Jamaican Pork Roast , Key West Vegetables, Mashed Potatoes, Wheat Bread, Pears, and Orange Juice		
7007	Chicken & White Bean Chili , Broccoli, Corn, Cornbread, and Applesauce		
7009	Chicken and Broccoli Casserole , Capri Vegetables, Wheat Bread, and Mandarin Oranges		
7011	Southwest Pasta with Turkey , Corn, Peas, and Pineapple Bits		
7013	Spaghetti and Meatballs , California Vegetables, Green Beans, Peaches, and Parmesan Cheese		
7016	Country Turkey Ham and Beans , Collard Greens, Carrots, Wheat Crackers, and Mixed Fruit		
7020	Herb Crusted Cape Hake , Roasted Potatoes, Broccoli, Wheat Bread, Tropical Fruit, Milk		

	= Milk		= Tree Nuts		= Fish
	= Wheat		= Soy		= Peanuts
	= Egg		= Shell Fish		= Sesame

Please note:

To maintain a balanced nutritional profile, there is a **maximum of 3 items** per selection. Any discrepancies must be reported within one day of your delivery. Please note that items may go out of stock without notice. Items may be substituted at our discretion. Your cooperation and understanding are greatly appreciated.

If you are happy with your previous order, you do not need to submit a new order, we will repeat your previous order. If you would like to change your order, please do not hesitate to call our office staff at **317-637-0845** or email: mealchoice@chefforhire.com

Orders are finalized by **4:00 PM one week prior to delivery**, please ensure any changes are submitted by this time.(e.g. For a Monday delivery, changes must be submitted by the previous Monday).

Thank you for ordering from Chef For Hire HDM Meals!